



Rapid City Gastroenterology
Diagnostic, Therapeutic and Biliary Endoscopy
Board Certified in Gastroenterology
2820 Mt Rushmore Rd
Rapid City, SD 57701

INSTRUCTIONS FOR ESOPHAGEAL MANOMETRY

Monument Health Rapid City Hospital

353 Fairmont Blvd
Rapid City, SD 57701
(605)755-1000

*Please complete registration at the Fifth Street Entrance

Procedure Date: **MH will call to schedule.**

Check In Time: **15 minutes prior to procedure time.**

Reminder: Bring picture ID and Insurance Cards with you to your appointment.

Patient Instructions: Please follow exactly as directed, or delay in procedure may occur:

1. Nothing to eat or drink six (6) hours prior to scheduled procedure.
 - a) You may take your heart, blood pressure, seizure and asthma medications with a sip of water on the day your procedure is scheduled.
 - b) If you take **Nitrates** (Nitroglycerin, nitropatches, pastes, isosorbide, dinitrate), **Calcium channel blockers** (nifedipine, verapamil, diltiazem), **Anticholinergics** (propantheline), **Promotility** (metoclopramide, bethanechol), and **Sedatives** (diazepam, ect.), they may affect esophageal function. They may need to be held 24 hours prior to procedure.
2. Please do not smoke, chew tobacco or gum, use toothpicks or hard candy for 6 hours prior to procedure.
3. Please notify the nursing staff in the endoscopy unit of any allergies.
4. You will be at MH for approximately 2 hours.
5. **Special Instructions:**
This is not a sedated procedure, and you will not need a driver.
6. **Questions and Appointment Changes**

If you have any questions about your instructions or if you need to change your appointment call **GI Procedure Scheduling** at (605) 721-8380. Please notify us of a cancellation or change within 5 days of your appointment.